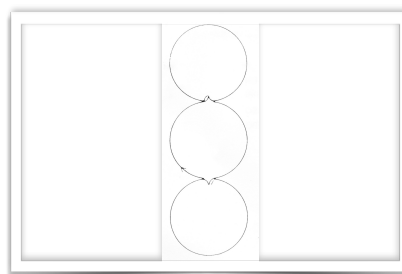


FIGURE EIGHTS: THE LIFE FORCE OF FIGURE SKATING - DVD

WORLD FIGURE SPORT'S SKATING EXAM CHART FOR FIGURES

DVD Reference Guide on left & World Figure Sport's Platinum Exam on right



Questions contact: Mrs. Kelly, MA, Olympian, WFS's Chef de Mission of Education & Sport - WorldFigureSport.org 518-304-3029 copyright-all rights reserved

DVD & Apple Digital books produced by: PeakEdgePerformance.com

4th Figure Menu	Title	Title & Chapter	World Figure Sport's Platinum Exam	Advanced	Knowledge Type	WFS's Exam Date & Level Achieved
Double 3	RBO-LBO	2 & 30	Forward One Foot Paragraph 8	RFOI-LFIO & LFOI-RFIO	Fundamental	
Double 3	RBI-LBI	2 & 31	Change D3	RBOI-LBIO & LBOI-RBIO	Fundamental	
Change 3	RFIO-LBIO	2 & 32	Brackets (are related to Counters)	RFO-LBI & LFO-RBI	Fundamental	
Change 3	LFIO-RBIO	2 & 33	Counters (are related to Brackets)	RFO-LBO & LFO-RBO & RFI-LBI & LFI-RBI	Fundamental	
Bracket	RFI-LBO	2 & 34	Backward Change Loops	RBOI-LBIO & LBOI-RBIO	Fundamental	
Bracket	LFI-RBO	2 & 35	Maltese Cross	Starting on RFI & LFI	Expanded	
Loop	RBO-LBO	2 & 36	Butterfly Loops	RFOChI-LFOChI	Expanded	
Loop	RBI-LBI	2 & 37	Swiss S with Diamond Counters	RFOIBr-RBOC-repeat + train Left side	Expanded	